

# St. Mary's Christian School

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An English Medium, Co-ed, Sr. Sec. School Affiliated to C.B.S.E. Delhi, Vide No. 2130486

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27th March 2021

# End of the Year Letter From The Principal



### **Dear Parents and Families**

# Congratulations!!!

# For successfully culminating the very different Academic Year 2020-21

Without resilience, courage, determination and the drive to face adversity with a smile and strong will in your hearts, this wouldn't have been possible. You have done a great job and have emerged as winners. The Marians have amazed us with their determination to achieve, to perform, not to give up and learn new things. They changed challenges into opportunities; opportunities for growth and success. We are at the closing of this academic year 2021 which is for sure going to go down in the history. So we are a part of

history and I am sure you are going to celebrate this success forever in your life. I wish you all the very best and ask special blessings from God for every stakeholder of St. Mary's Christian School, be it our dear Marians, our parents, our teachers, the leadership team and the community who is involved in making this school a little more happier, a little brighter and a little more inclusive with every passing day.

SMCS not only caters to the academic needs of the students but it tries its best to provide a complete, 360° view of the world to its scholars. Outfitting to the students' varied needs, many co-curricular, societal and sports endeavours are organised in the school on a regular basis.

#### **UNINTERRUPTED LEARNING AT SMCS DURING COVID-19**

"Indeed closing down of schools all round the globe created a worldwide concern both for the learners as well as educators. Over 1.2 billion children were out of their classrooms".

The closure of the schools also disrupted the implementation of various SDG Practices. Climate awakening actions, learning campaigns, cleanliness & plantation drives and community outreach programs lost its existence during the pandemic.

Besides all these hurdles a positive trail has been observed in conservation drives. Marians as well as people of the community worked for the preservation of resources like water, fuel, environment and other vital resources in an orderly manner. Due to the availability of rainwater harvesting systems in their respective houses, they were able to conserve water even in the lockdown period and continued making the necessary contributions to the societal well-being.

We might be unavailable physically but we left no stone unturned to embrace and invent new opportunities through the virtual aids. With the assistance of technology, we not only created awareness regarding the security protocols of the Covid-19 but also paved new ways and developed learned warriors to fight the pandemic. During the lockdown, we ensured conduction of proper webinars, virtual interactions, counselling sessions, competitions, quizzes and various other one-on-one dialogues to ensure implementation of blended and quality education.

The dramatic changes in the education sector, with the distinctive rise of e-learning, whereby teaching is undertaken remotely and on digital platforms has made teaching learning process more student centric. The digital transition has made the child the boss of his/her own learning. The transformation wave



has enhanced their skills of analysis, problem solving, decision making, critical thinking, time management and most importantly technical 'know-how'.

# "The pandemic could not deter us from our determination instead it gave wings to our fortitude."

As we come to the end of the Academic Year 2020-21, it is a good time to feel proud of our achievements in this difficult year, recapping the highlights of the year, updating you on some important future plans and looking forward to an even more exciting and fruitful 2021-22.

Foremost, special thanks to the guiding forces of St. Mary's Christian School, our Manager Sir, Mr John Vianney Sharma & our Director Ma'am, Mrs. Shobha Sharma for being exemplary transformational leaders & each of you for your continuous support and belief in St. Mary's Christian School.

We at SMCS appreciate and cherish the encouraging & undeterred partnership you've shown throughout the year.

I would also like to thank the teaching and support staff who went out of their way to make virtual learning at SMCS more inclusive, joyful and exciting.

# Without working together as a team we couldn't have achieved so many feathers for the SMCS cap.

Of course, we eagerly await the Board Result as we are confident about the hard work our children have put in. It will pay off and put us up once again as being an outstanding provider of education in the city of Sahibabad.

Following are some of the major achievements of this year, needless to say there are many more!

#### MINDBLOOM COUNSELLING CENTRE

"As per the researches made, approximately 82% of youngsters are suffering from chronic mental ailments such as depression & anxiety. As an educated & aware adult it is our sole responsibility to not only guide but also to support our future generation."

With the aim of envisaging a world where all children feel safe, make mistakes, learn to trust, share their feeling and are given the opportunities to grow and become a responsible and rational individual, Mind bloom, a counselling centre was inaugurated in the premises of SMCS. It is an initiative to aware more people about the importance of mental health in living a healthy and balanced life by offering best services at much affordable rates.



Keeping in mind the vitality of Mental Health in maintaining a healthy and balanced life, Mindbloom's aims:

- 1. To develop holistic and comprehensive mental health solutions.
- 2. To reduce the stigma associated with mental health.
- 3. To provide multidisciplinary quality mental health care services.
- 4. To create public awareness among larger community.
- 5. To stimulate research and training activities in the field of clinical mental health.
- 6. To foster an environment where children learn, lead and thrive
- 7. To provide a platform of unconditional acceptance where people will and comfort knowing that they are not alone.

Catering to the **United Nations goal of Good Health and Wellbeing**, students and staff of St. Mary's Christian School organized various health and wellness virtual drives wherein healthcare personnel were invited to educate the stakeholders regarding the importance of health & boosting immunity, especially during the pandemic. Health experts also talked in length regarding the preventive measures one needs to inculcate in order to aware and protect herself or himself from catching prey to various fatal diseases like Dengue, Malaria, AIDS, Malnutrition, Hepatitis B & staying safe during COVID 19.

Free Mental health workshops too were integrated in the curriculum especially during



the Covid times as people were experiencing stark decline in their mental health. Ensuring students' wellbeing, SMCS also practices and promotes **Inclusive Education** to value diversity and the unique contributions each student brings to the classroom.

Along with the above mentioned initiatives, the school is a keen

promoter of the Government program regarding 'Road Safety'. Under this program, quizzes, didactic video messages, pledge, awareness about the 'Road Rules' and traffic symbols were taught to the students.

To inculcate the **Good SDG practices** as a part of every stakeholder's lifestyle & for the welfare of the community we wish to curb and resolve some issues at the societal level and gradually at the global levels through below mentioned projects by the Marians.

### **PROJECTS:**

# **1. WATER WARRIORS**

"Recent evidences suggests that the ground water is under serious threat of overuse in many parts of the country. About 300 districts have reported a water level decline of over 4 meters during the past 20 years. Nearly one third of the country is overusing their groundwater reserves, in another 25 years, 60% of the country would be doing the same if the present way of using this resource is continued.



(Source: SMCS Gallery 2019)

Groundwater overuse is particularly found in the agriculturally prosperous regions." It is rightly said if we don't save water today then we will have to later pay. Keeping this vital notion engrossed in our minds, the young Water Warriors of

St. Mary's Christian School, Sahibabad, took this responsibility to educate the community regarding the grave need of water conservation.

The young minds of SMCS gave a successful visual representation to the concept of water harvesting systems, its need and importance to curb the issue of water scarcity through working models of rain water harvesting systems. Virtual Presentations and verbal one-on-one interactions also came into play.

Along with the teaching faculty, parents too were given the opportunity to experience and learn about various ways to conserve fresh water through rain water harvesting Systems. To educate them more, our Marians also distributed informative hand out to parents and others in the neighbouring areas.



(Source: SMCS Gallery 2019)

The idea behind this activity was to provide them information about artificial water reservoirs so that they can contribute their bit.

Moreover, a pledge to conserve fresh water was taken by all the students, teachers,

parents and other stakeholders.

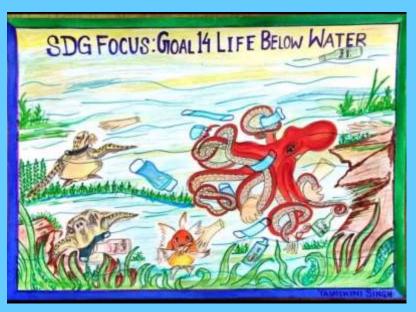
To sensitize more, the school is providing various opportunities to the students through different activities annually like poster making competitions, wall paintings, debates etc. so that their young minds can understand this severe situation and instil the habit of saving water.



Along with several inter class and inter school activities, all the projects initiated by the Government of India were taken into kind consideration. For instance, the 'Jal Shakti Abhiyan' was exercised in full swing.

#### 2. ECO WARRIORS

We are the children of mother Earth and the students of St. Mary's Christian School are well versed with this fact. They have shirked away from never responsibility of taking care of the eco system. They have worked night and day towards conserving the environment and spreading in awareness the community. Marians have shouldered the



responsibility to pop out as a medium in encouraging the community towards understanding their accountability.

In this context, students became active participants of plantation drives in continuation of the massive plantation drive initiated by the government of India in 2019. They planted saplings in their respective homes during the pandemic too. We have **Eco Club** specifically working to ensure conservation of biodiversity; catering to the local environmental issues and wellbeing.

## 3. ART INTEGRATED PROJECTS UNDER "EK BHARAT SHRESTHA BHARAT"



To promote the spirit of national integration and to showcase the rich heritage and culture, customs & traditions of various Indian states, the government of India has come up with - \*EK BHARAT SHRESTHA BHARAT\* initiative. Our state Uttar Pradesh has been paired with - Arunachal Pradesh and Meghalaya and hence

SMCS as guided by CBSE, has yearlong students' engagement through various research based activities on topics like Cuisines, Types of houses, Tourism,

Demographic features, Socio-political manifesto & Economy of Arunachal Pradesh & Meghalaya which are shared with students and families from time to time.



#### 4. CO-CURRICULAR & CULTURAL ACTIVITIES

The mission of St. Mary's Christian School, Sahibabad, is to promote spiritual, moral, cultural, intellectual and physical development of all its pupils to prepare them for the global opportunities, responsibilities and experience of the 21st century by offering an inclusive, integrated and balanced curriculum.



Every activity at SMCS plays a significant **role in Holistic development** of students. Co-curricular activities help in **enhancing learning process** of students at school & they are designed and balanced with academic curriculum so that every student gets to **learn beyond subjects**. When students get successful in cultural activities, it gives a boost to their self-esteem. This self-esteem helps them to face the outer world more confidently. Furthermore, they face their academic challenges in a much better way.

#### **Special Virtual Celebrations:**

- 26<sup>th</sup> Foundation Day
- Investiture Ceremony
- Diwali Celebrations
- Christmas Celebrations
- Basant Panchami
- Convocation Ceremony "Recognising Resilience"

# Online Panel Discussions/Interactions/Campaigns/Webinars:

- Positive Parenting
- National Unity Day
- Grandparents' Day
- Interaction with sports personality Justin Lee
- Hope Campaign #Hope for New Start Stories
- Be Kind & Compassionate: Sharing Kindness Stories
- Choose to Challenge Campaign on International Women's Day
- "Brick by Brick" SDG Campaign upholding United Nations 2030 Agenda
- Self-Love Series on International Women's Day 2021
- Being Humane International Annual Exchange Programme

### **5. EQUALITY NOW**

Building gender sensitive citizens is the primary aim of **Equality Now**. It deeply believes in the power of youth activism and building partnership. Gone are the times when women were considered vulnerable and incapable of making important decisions be it domestic, social or political. Ancient history holds ample of examples highlighting pinching condition of the women in the society.

# "It is high time that we teach our children the concept of equality and not to practice gender biasedness."

To bring out a phenomenal change, students of St. Mary's Christian School spearheaded and led various activities where together they shattered widespread gender based

promoted through initiatives like virtual role play, awareness drives, webinars, workshops and video messages by eminent women leaders as an integral part of this **Gender Sensitization Drive**. Marians also pledged to put the rights of women and girls at the top of the agenda on



a global scale. The boys pledged neither to accept dowry nor to be a part of this social evil. The school actively took part in sensitizing women and girls of the community regarding taboo topics such as menstruation, sanitation and cleanliness. During lockdown they promptly participated in **distribution and awareness drives** wherein sanitary napkins and information regarding the proper use of toilet was shared with women living in the remote areas of the country.

To contribute in the "Beti Bachao Beti Padhao Andolan" initiated by the honourable Prime Minister of India, Marians also worked towards fulfilling the dire need of Women Empowerment in the modern times. They expressed their ideas on Women empowerment through virtual debates and discussions on a timely basis. Online Self Defence trainings, an essential part of Women Empowerment drives continued uninterrupted.

Marians are taught to be kind and compassionate towards fellow human beings irrespective of their gender or cultural differences and other co-existing organisms on this earth, understanding the concept of **Gender Equity & Equality**.

https://www.youtube.com/watch?v=81NOiS1nx3Y&feature=youtu.be The school is working hand in hand with THE AHAAN **FOUNDATION** (TAF) (http://theahaanfoundation.org/) and their several initiatives like Ahaan Women Auxiliary (AWA) (http://theahaanfoundation.org/AWA/) with the objective to empower women, safeguard their mental health, personal enhancement, building effective communication skills, spreading awareness about gender equality and striving towards a happier society.

Depending on the global region, the social, political, and economic climate, The Ahaan Foundation also seeks to provide women with a range of activities and strategies, guidelines and insights from the latest in the field of social development, community outreach, health and wellness in a pleasurable and engaging manner to help women and girls lead happier and healthier lives.

AWA provides various **Online Capacity Building Programs** to reach out to thousands of women in Regina, Canada & India in order to engage them in various aspects of Gender Equity, boosting mental health and improving their lives.

#### **GLOBAL DIMENSION**



From the yesteryears our students are taught the significance of the world being one big family, and the need to help each other by sticking together as 'one'. Marians are aware about their responsibilities on a global level too. Pertaining to this need of the hour, students and teachers of SMCS swear by the UN's Sustainable Development goals 2030.

The students throughout the year worked towards spreading awareness and finding its remediation.

• Swearing by the name of our project 'Brick by Brick' SDG Campaign, initiated in 2017, the volunteers exercised practices that aimed at bringing the society together as a whole. The volunteers desire to bring forth multi-dimensional societal growth along with environmental well-being. Whatever practices were

implemented, were implemented keeping in mind the needs of the hour. We are aiming to drag their attention towards the grave issues of water crisis and environmental degradation at global level. As we know, these are the basic elements of the vicious cycle of devastation.

- Since the last 7 years we are conducting Students International Exchange Programs. In this unprecedented time, we conducted "Being Humane: Virtual International Exchange Program" and was bewildered with the amount of response we received by participants within India, Nepal, Canada & London. With the emphasis and promise of virtual engagement to facilitate connection and escape confinement, \*Tth International (Virtual)\* Annual Exchange Programme 'BEING HUMANE' was organised which served as a gateway to exploration, innovation, and expression where students across the globe showcased their literary, scientific & logical skills while upholding The UN's Sustainable Development Goals 2030 and striving towards a Sustainable World, together.
- Several online events and Skype sessions were conducted wherein students from Canada, Nepal, and London & India exchanged their knowledge about the various topics of global interest.

Along with Annal Jyoti School, Nepal, **SMCS** has been collaborating with school bodies in Sri Lanka, Canada and London since past many years. These collaborations not only give the students and teachers a vital opportunity for global exposure but also ensures that their horizons are broadened.

Kudos to each and every member of St. Mary's Christian School, be it student, parents, teachers or our leaders for making this global connect happen.

Well Done!!

#### **ACADEMICS:**

The letter showcases the achievements and glories of the school. We, together with parents and community have always been committed towards creating a conducive environment in the school which helps the young minds to blossom and provide a platform for individual thinking and holistic development of our dear Marians.

We set bench-mark standards and goals for ourselves and strive to achieve them namely but not limited to academics, sports, discipline, leadership and more.

# Academic Scholars







## THE CURRICULUM



- In the coming Academic Year 2021-22, curriculum will be based on NEW EDUCATION POLICY 2020 for all the grades with lots of activities and hands-on-learning, helping the children explore and discover the joys through experiential learning activities, with lots of parents' involvement.
- We will strictly follow NCERT Curriculum with ample scope for building application, problem solving and analytical skills in children.

Anger was never a part of SMCS's curriculum and continuing with CBSE's initiative of turning schools into complete "ANGER FREE ZONE" has solidified our little efforts. Parents are also encouraged to inculcate the habit of practicing no anger at all. A Webinar on Positive Parenting was held for the parents emphasising on keeping a joyful & stress-free environment at home.

#### ATTENDANCE, PUNCTUALITY AND CONDUCT

- The School has achieved great success in inspiring regular attendance of the students during Virtual learning. Thank you dear parents and guardians for making sure your child attends the online classes' inspite of various network issues & technical glitches every day.
- I am also elated to witness the high spirit of the Marians in embracing the new norms of online learning and appreciate the calm, purposeful and disciplined environment our children create during online classes.

#### **SPORTS & HEALTH**

Sports competitions inculcate the spirit of positive challenges & sportsmanship among the students and prepare them for the life ahead. Sports, Games and Physical Fitness occupy a place of importance in our curriculum. Inspite of virtual learning, Marians continued to indulge themselves in keeping fit & healthy through online sports, judo & fitness classes.

• Going hand in hand with the 'Fitness Movement' initiative implemented by the Honourable Prime Minister Mr. Narendra Modi, all the students, teachers and staff members pledged towards a healthy and fit lifestyle. This year we have been recognised as "Fit India School" & we at SMCS pledge to honour & value this recognition.



- Educators & Marians participated in Fit India Quiz showcasing their talent.
- Yoga, Zumba sessions, and other interesting online fitness activities were organized unaffectedly throughout the year.



- To commemorate the Birth Anniversary
  of Hockey wizard Major Dhyanchand,
  Online Sports Fun Week was
  organized.
- An Online Interaction of Marians with
   Mr. Justin Lee, Buckets & Borders,
   Regina, Canada was held to build awareness around the broad array of benefits that sports infuse in one's life.

#### SCHOOL CLUBS

Various Co-Curricular Activities are held under different clubs to develop a child physically, morally, socially and mentally and to hone skills in co-scholastic areas. Regular Club Activities are held in which the students participate and display their calibre.

The different Clubs are Nature Club, Literary Club, Disaster Management Club, Community Outreach Club, Performing art club, Health and Wellness Club and Science & Technology Club.

- Fuel Conservation Activities guided by DIOS, Online Inter Class Debate Competition, Plantation Drive, Poster/slogan Making, and Essay Writing, PowerPoint presentations, art & craft activities on various topics & recycling of waste materials were organized.
- Global Safety Week was celebrated wherein all the young minds came together to spread the awareness regarding the road safety rules & importance of observing

traffic rules through various online activities.

Paying homage to Mahatma Gandhi's principle, 'Cleanliness is next to Godliness' and Honourable PM's initiative of 'Swachhta Hi Sewa" campaign, an inter school poster making, slogan writing and essay writing



- competition was organized where participants displayed their creativity on the topics of Waste Disposal & Waste Segregation
- On the National Unity Day, Marians took part in Online Panel Discussion.

  They also pledged to strengthen the integrity and contribute towards nation
  building to commemorate the Birth Anniversary of Iron Man of India, Sardar
  Vallabhbhai Patel.

#### STUDENTS' SEMINARS & WORKSHOPS

To ensure that our students are well equipped with knowledge to face any challenge, we have focused sessions on numerous special topics. The highlight from the same are listed below.

- Exciting Game Development & Python Workshop organised by NIIT to expose students towards learning coding & logical thinking, an essential feature of digital learning.
- Workshop on New Education Policy 2020
- An informative workshop on the topic "Handling Exam Stress and Threats to Children's Safety & Security" to cater to the issues of handling exam stress & safety & security of teens.

### **TEACHERS IN-SERVICE TRAININGS & WORKSHOPS**



To facilitate themselves with latest online teaching tools, our educators participated in various subject workshops conducted by CBSE, Online Exam Management by PTS Bridge.

In keeping with the school's policy of continuous upgradation of knowledge and skills, our teachers attended various workshops and seminars organized by the school to improve their academic transaction skills and to update their capabilities:

- Curriculum Development Workshop
- Professional Enrichment Programme
- Using Technology in Classroom & Conscious Teacher of 21st Century

- English Faculty Development Programme
- Gender Sensitivity
- Classroom Management
- Value Education
- Happy Classroom
- Remodelled Assessment
- Upholding Integrity and Ethics
- Career Guidance
- Adolescence Education
- Inclusive Education
- CBSE Capacity Building Programme on Math, English, B.ST, Physics, Science, Hindi and Social Science (Class IX-XII), Life Skill.

#### PARENTS' WORKSHOPS

In collaboration with various renowned organisations, the school took an initiative to conduct workshops for parents on numerous topics:

- Positive Parenting
- Building positive self-esteem among teens.
- SMCS shouldered the responsibility to apprise the parents about the pressing need of Child cyber safety through a workshop
- Exam Preparedness Child Safety & Security
- Grandparents' Day to revive the bonds of love and friendship between the grandparents and grandchildren.

This report is a sincere attempt to showcase our progress in terms of achievements and activities during the year.

As we recount our success with pride and happiness, we wish to dedicate all our achievements during this unprecedented year to the committed effort of a committed team called St. Mary's Christian School. We humbly salute our visionary leaders and seek divine grace and blessings to guide us in all our endeavours.

As the new Academic Year approaches, I am excited about our joint endeavours towards bringing about greater learning outcomes.

# PLAN FOR THE UPCOMING ACADEMIC SESSION

- ❖ Curriculum across all grades in strict accordance to NEP 2020
- ❖ Implementing 21<sup>st</sup> century learning pedagogies like Experiential Learning, Project Based Learning, Flipped Classroom, Sports and Art Integrated Education etc.
- Variety of assessment techniques like Peer Assessment, Online/Offline Assessment & Self-Assessment
- ❖ Integration of Blended Learning: Healthy combination of online and Face to Face Learning
- ❖ Students will be further implementing innovation with the new age technologies with the various ICT tools while executing their lessons.
- ❖ Making child the 'boss' of his/her learning
- ❖ Systematize clear processes and procedures to build student interventions, provide appropriate resources, and monitor progress data for identified struggling students in all tiers.
- ❖ Developing Positive Learners and Positive Learning Space; providing effective resources, interventions, services, and programs for high needs students.
- Ensuring "Anger free Zone" at the school campus
- Making internet a safe haven by educating students about Cyber safety & Cyber Bullying
- ❖ Educating students regarding sustainable development and good SDG practices
- Increasing communication and outreach between the complex schools and community/students/parents
- Ensuring transparent Parent-Teacher Interaction
- ❖ Paving way for mandatory Parental Engagement in school co-curriculum
- Umpteen opportunities for global exposure
- ❖ To strengthen international connection and cooperation and continuation of academic partnership with other counterparts.
- Building Globally Responsible Youth
- **Exploring the opportunities for innovation and active learning.**
- ❖ Mandatory trainings to each teacher in every academic session so that they can deliver as per New Education Policy2020.

"Our Integrated Academic Plan is a part of a recursive process envisaged to support continuous progress towards the achievement of the mission of St. Mary's Christian School."

## **WHAT WE CONTINUE TO OFFER:**

Community
Outreach &
global
Connect

21st Century skills with Blended learning Inclusive &
Antibullying
Learning
Space

Co-Scholastic Engagement & Scholastic Excellence

I look forward to welcome your children to begin the enthralling Academic Year 2021-2022.

Thank You Best Regards

Ms. Ashu John Principal

















